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Printed in The Okotoks Western Wheel

**CAN YOU EXPLAIN THE DIFFERENCE BETWEEN THE LAW OF ATTRACTION AS DESCRIBED IN "THE SECRET" AND BEING AS DESCRIBED IN "A NEW EARTH" BY ECKHART TOLLE?**

I often am asked this question in one form or another.

What I find is that the two concepts are different yet can work together in harmony.

The idea presented in The Secret is that we can have what we want. We just have to think and feel positively about the outcome we want. The three steps described are: Ask, Believe, and Receive. Some people find that this does not work for them, get frustrated and give up. On the other hand, some people have great success. There is a strong mental/emotional element to this approach, it refers to the ego in us, and there are many underlying steps to each of the three main steps that are not clear from the movie that are unique to each individual and can be dealt with on that level.

A New Earth by Eckhart Tolle (with webcast classes by Eckhart Tolle and Oprah Winfrey) talks more about Being in the Present moment, embracing our purpose, and going with this. There is a strong soul/spiritual element to this. This approach refers to our soul.

You may of heard the Mind, Body, Soul balance which many people wish to live by or aspire to. The elements and approaches above may work together, in harmony, to form a part of this Balance. In either case, the belief element is very important. I have heard it referred to by Philip Winkelmans, MA, author of "The Art of Purposeful Being", that our ego is the driver of our car and the soul is the navigator. It is important to know what the soul wants first prior to turning the wheel over to the ego, turning on the ignition, getting into gear and pushing the pedal to the metal.

This does not always happen overnight. Like anything worthwhile, it takes time, effort, focus, research and possibly a mentor to find and apply what works for you.

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