



Jamie Anderson
Business and Personal Coach
403.209.5936

TESTIMONIALS

"Jamie Anderson has a knack for making complex issues simpler to deal with.

She helped me to clarify my thoughts and asked the questions that were relevant to the situation at hand. Her guidance helped me to unearth my own solutions.

As a business woman, I appreciated the accountability that her services offered, and I knew that she was really listening when I discussed my concerns with her.

She is an excellent sounding board and I respected her feedback knowing that her suggestions were valid and well thought out.

I would highly recommend Jamie Anderson to anyone seeking to achieve more from their career, business or personal life." S. Beuckert, Founder, One on One Personal Fitness Instruction Inc.

"My time with Jamie was very helpful and productive. She is knowledgeable, insightful, organized and focused, and she truly helped guide me through some sticking points holding me back.

I highly, and with great confidence, recommend Jamie for any business executive looking to take themselves to the next level in their personal professional growth and to hone their leadership skills and abilities." A. Marcil, Principal, Artisan Real Estate Solutions

"Jamie coached me through a year of career and personal change. She provided me with relevant information and practical tools for me to understand my core values and to help me clarify the questions I needed to answer in order to be confident in the choices I made. With Jamie's coaching I've transitioned my belief in the abundance of life from a theoretical knowing "it should be" to a visceral "it is." I've also learned that what I thought were weaknesses in my character are indeed my greatest strengths.

Jamie has a compassionate yet pragmatic approach to coaching that emphasizes your command of the coaching process. I am excited about my future and now feel confident and well equipped to travel the rest of the adventure that is my life - whatever road I choose. I recommend Jamie. Thank you." Fae Norwood

" I have pleasure working with Jamie Anderson as my business and professional coach. For the past 9 months, she has given me tools, support and encouragement to define my core values, layout my vision and begin to understand my needs.

If sailing a boat is a metaphor for our life's journey, then Jamie's coaching is helping me mend the holes in my boat, re-evaluate my direction, create a vision for my journey that is truly based on my needs and values and finally have the tools to set the sail that will capture the power of the universe." S. Cutts, President, Spa Holiday Ltd.